

Activities *taking place this week*



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING SESSION	Jewellery Making	Armchair Stretch Exercise	Board Games	Exercise with Susi	Word Games	Arts & Crafts	Brain Workout
AFTERNOON SESSION	Music & Reminiscence	Gardening Club	Social Bingo	Beauty Treatments	Quiz	Movie Night	Music & Tea

One to one activities are taking place throughout the day with residents who cannot take part in the group activities.