

# NEWSLETTER

## October 2021

Georgiana Care Home, 10 Compton Avenue , 01582 573745



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# Editor's Desk

Hello Residents, Families and Friends!

We have had quite an eventful September and this month's newsletter is full of all the fantastic things we got up too.

First and foremost, I would like to thank everyone who participated in and came along to our Macmillan coffee morning at the end of September, It was such a lovely event and I was so proud of everyone who baked and raised money for Macmillan cancer. We raised a total of £37.40 which is brilliant.

I hope you all enjoy seeing what we have been getting up to and I can't wait to see what October brings us. It is spooky season after all... BOO!

Keep Safe!

*Amber Collins-O'Neill*



## October Trivia

October derives its name from octo, the Latin word meaning eight, as October was the eighth month of the old Roman calendar.

Zodiac signs: **Libra & Scorpio**  
Birthstone: **Opal & Tourmaline**  
Flower: **Calendula**

## Quote of the Day

*Happiness is not  
by chance, but  
by choice.*

*- Jim Rohn*

# Month in Review

## Georgiana's Knitting Club begins

We have started our knitting club which meets every Tuesday at 2pm and a few lovely ladies joined us in the first week.

We are now on our third week and have already had 4 new recruits come to join us. Every time we have interest in it from other residents

We Knit and we natter, and we do it all while learning to knit 1 pearl 2.



## Macmillan Coffee Morning Madness

Here at the Georgiana, we hosted a Macmillan coffee morning, and it was such a lovely morning!

We all enjoyed Tea, coffee, and cakes, that were baked by staff and families. Then they were enjoyed by everyone. We had a singer, Roger, come in to perform some songs for our residents and their families while the morning went on.

We sang along, we danced, and we enjoyed some food. We even raised a good amount for the Macmillan charity.

## Pet Corner- Guinea pigs

This month many of our residents took an interest in our resident pets and so on multiple occasions I bought them out for all the residents to have a pet, cuddle and chat.

The residents always love our little rascals and enjoy feeding them and telling them how cute, lovely, soft and cuddly.



# Month in Review-September



Sourdough September meant bread making for all. A group ladies love baking but we much rather preferred the lovely taste of banana bread



Bingo still remains one of our residents favorite activity and with new prizes this month plenty of people got involved



Sports Morning continues almost every week and it's great to see everyone participate and staying active

# Upcoming Events

## Ladies Morning Tea

Monday 15th of October 10:30am, Dining Room

## Peace Day Activities

Thursday 11<sup>th</sup> of October 2:00pm, Recreation Area

## 'My Life' project starts

Friday 12<sup>th</sup> of October, 2:00pm, Recreation Area



# Regular Events

**Happy Hour-** Every Friday 5pm

**Hairdresser-** Every Wednesday from 11am

**Bingo!-** Every Friday at 1:30pm

**Library service-** First week of every month

**Knitting Club-** Every Tuesday 2pm

**Baking Club-** every second Thursday 1:30pm

**Entertainment by Roger the singer/Guitarist-** The first Thursday of every month

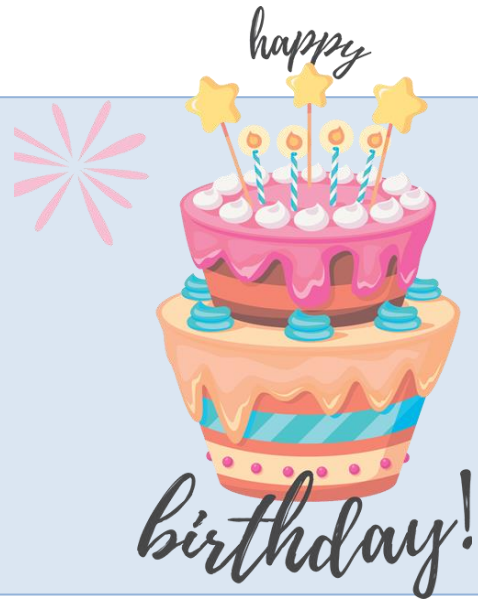
## Special Days

- 1<sup>st</sup> Intl. Day of Older Persons
- 1<sup>st</sup> Intl. Music Day
- 1<sup>st</sup> Residents' Rights Month
- 1<sup>st</sup> World Ballet Day
- 4<sup>th</sup> World Animal Day
- 4<sup>th</sup> World Space Week
- 5<sup>th</sup> World Teachers Day
- 11<sup>th</sup> Columbus Day
- 11<sup>th</sup> Thanksgiving (Canada)
- 25<sup>th</sup> Pablo Picasso's Birthday
- 31<sup>st</sup> Halloween

# October Birthdays

In October, we celebrate birthdays with:

- **Joy C.**
- **Maureen C.**
- **Theresa A.**
- **Nancy G.**
- **Audrey S.**
- **Martin O.**



Julie Andrews, Actor, 1<sup>st</sup> October 1935  
Chevy Chase, Actor, 8<sup>th</sup> October 1943  
John Lennon, Musician, 9<sup>th</sup> October 1940  
Hugh Jackman, Actor, 12<sup>th</sup> October 1968  
Margaret Thatcher, Prime Minister, 13<sup>th</sup> October 1925  
Rita Hayworth, Actress, 17<sup>th</sup> October 1918  
Joan Fontaine, Actress, 22<sup>nd</sup> October 1917  
Pablo Picasso, Painter, 25<sup>th</sup> October 1881  
Carrie Fisher, Actress, 21<sup>st</sup> October 1956  
Bill Gates, Philanthropist, 28<sup>th</sup> October 1965

## **Libra (Oct 23 - Oct 22)**

Librans are often considered the nicest and most charming personality in the world!

## **Scorpio (Nov 23 – Nov 22)**

Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

**WOW!**

### **October Spotlight: Happy Birthday Song**

In October 1893, the melody for "Happy Birthday To You" was copyright registered. "Happy Birthday" was originally published as "Good Morning To All" in a book called "Song Stories for the Kindergarten" written by Mildred and Patty Hill.

# Poem to Share

## I Wandered Lonely as a Cloud

BY WILLIAM WORDSWORTH

I wandered lonely as a cloud  
That floats on high o'er vales and hills,  
When all at once I saw a crowd,  
A host, of golden daffodils;  
Beside the lake, beneath the trees,  
Fluttering and dancing in the breeze.

Continuous as the stars that shine  
And twinkle on the milky way,  
They stretched in never-ending line  
Along the margin of a bay:  
Ten thousand saw I at a glance,  
Tossing their heads in sprightly dance.

The waves beside them danced; but they  
Out-did the sparkling waves in glee:  
A poet could not but be gay,  
In such a jocund company:  
I gazed—and gazed—but little thought  
What wealth the show to me had brought:

For oft, when on my couch I lie  
In vacant or in pensive mood,  
They flash upon that inward eye  
Which is the bliss of solitude;  
And then my heart with pleasure fills,  
And dances with the daffodils.

# Noticeboard



## NEW RESIDENTS

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A very warm welcome to:

- **Cynthia S.**
- **Maria B.**
- **Derrick H.**
- **Dennis B.**

We hope that you enjoy your time here!

## NEW STAFF

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A warm welcome also goes to the people who joined our team in the past few months!

- **Leanne**
- **Sarah**
- **Kiranpreet**

We hope that you enjoy your time here!

## IN MEMORIAM

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To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- **Sheila**

## CONTINUOUS IMPROVEMENT

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Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

There are feedback forms available in the lobby area. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

Care Related feedback please email Deputy Manager Manpreet Kaur

[georgianaadmin@heritagecarehomes.co.uk](mailto:georgianaadmin@heritagecarehomes.co.uk)

Laundry, Housekeeping, Maintenance and Catering feedback please email Operations

Manager Shelley Humphreys

[georgianaoperations@heritagecarehomes.co.uk](mailto:georgianaoperations@heritagecarehomes.co.uk)

## CAN YOU CONTRIBUTE?

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Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems, and amusing stories relating to residents and staff are most welcome. Please speak with Amber about it.

Thank you!

# Noticeboard



## LIBRARY SERVICE

We have a mobile library service that delivers & picks up library books to resident's rooms. If you would like this service, please talk to a staff member.

## RELATIVES GATEWAY

We have launched our **Relatives Gateway** system which gives you access to our Person Centered Software which we use to update daily notes about your loved ones including care plans. If you have not been contacted about it, please speak with Home Manager Tope about it.

## HAIRDRESSER

We have a hairdresser who attends every Wednesday . If you would like an appointment please talk to reception or ask a staff member to write your name down in the hairdressers book.

## THANK YOU

We would like to thank everybody who donated to our Macmillan coffee morning, bought a cake and supported the charity.

It is absolutely wonderful to see residents and their families getting involved in something for a great cause and we hope to see you at our next one

## SNAPPY TAGS

Please, if you haven't already, make sure you purchase some snappy tags for your relatives clothing. If you wish for the carehome to purchase them for you then let us know. We will use money from the yodex cards to get them and then all clothing will be labelled to avoid confusion in who owns what.

So many great daily updates you can find on our Heritage Care Homes Facebook page. Give us a Like or follow. Don't forget invite your friends to do the same!



# Laughing Matters



## The Hunters

Two hunters are out in the woods when one of them collapses. He's not breathing and his eyes are glazed. The other guy whips out his cell phone and calls 911.

"I think my friend is dead!" he yells. "What can I do?"

The operator says, "Calm down. First, let's make sure he's dead."

There's a silence, then a shot. Back on the phone, the guy says, "OK, now what?"

## Laugh

If your face wants to laugh, well let it  
If a smile you can get, well get it  
Never look down, don't wear a frown  
Or everyone will hear all about it.

If you have got quite a lot of trouble  
Don't forget someone else has double  
So just laugh and grow fat and forget it  
If your face wants to laugh, well let it.

## The Inlaws

A couple were driving along a country road in silence. They had earlier had a discussion, which in turn led to an argument, and neither one wanted to concede their position.

As they passed a farmyard, they noticed several pigs, mules and goats.  
"Relatives of Yours?" the husband asked sarcastically.  
"Yes," said his wife "-IN - LAWS."

# Word Search

## MUSIC



T E M P O S Z Z A D A G I O  
B I L B B T M M U S E T T E  
A S O P R A N O I P C X W L  
R C P E R C U S S I O N A E  
O H P I C C O L O T N M L G  
Q O X W V A F C W C C V L A  
U R X K M T O A R H E C E T  
E U C L Z O R D Z S R M G O  
P S B D U E T E Q H T I R C  
A Q E Q G Z E N O A O N O G  
M A E S T R O Z E R E O M K  
C T R E B L E A R P E R Q X

Treble  
Sharp  
Staccato  
Cadenza  
Baroque

Allegro  
Piccolo  
Tempo  
Legato  
Concerto

Musette  
Percussion  
Pitch  
Soprano  
Chorus

Maestro  
Forte  
Minor  
Adagio  
Duet