

# NEWSLETTER

## November 2021

Georgiana Care Home, 10 Compton Avenue, 01582 573745

### WORLD KINDNESS DAY



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# Editor's Desk

Hello Residents, Families and Friends!

October was spooky season here at the Georgiana and we made sure to stick to that theme with a variety of Halloween activities for all residents.

We got this generation to try new generation games and we all had great fun.

Soon we will be celebrating Christmas and we have so much lined up for November and December, including the Christmas party on the 18<sup>th</sup> of December, we hope to see you there.

We had a lovely month and I hope you all enjoy reading all about it in our November Newsletter. We already have so much planned for next month.

Please enjoy

Keep Safe!

*Amber Collins-O'Neill*



## November Trivia

As part of the seasonal calendar, November is the time of the 'Snow Moon' according to Pagan beliefs.

Zodiac signs: **Scorpio & Sagittarius**

Birthstone: **Topaz & Citrine**

Flower: **Chrysanthemum**

## Quote of the Day

*Some people chase  
happiness.  
And some people  
choose happiness.*

*-- Robert Holden*

# Month in Review

## Autumn Art

With the season changing to Autumn, many of our residents enjoyed our Autumn Arts and crafts. Residents painted their leaves, animals, and woodland pictures happily and afterwards we cut them out to stick onto our big Autumn collage. The result looked amazing, and it put a smile on most people's faces.



## Nintendo Wii Fun!

Our residents had a right laugh playing the Nintendo Wii. There were a lot of laughs while we all tried to figure out the controls.

We played Sports without moving from the comfort of our chairs and a few residents got competitive with each other. We love a bit of friendly competition.

Everybody thought the technology was brilliant and soon we will get more residents involved every month in a Wii sports tournament.

## Sunflower Art

We are still a little bit in denial that the summer is over and winter is approaching so our residents created a lovely Sunflower Display to brighten up the care home walls.

We painted and cut out flowers and a vase and then stuck it all together, it was good fun and everyone loved how it looked afterwards



# Month in Review



**Our Sports Morning every week proves to be very popular with almost every resident getting involved in a little competition**



**It Was WORLD ANIMAL DAY This month and since we all love animals here hosted a day of animal quizzes, wordsearches, painting and even had a visit from BB & Bess our Guinea pigs.**



**Roger Huxley entertaining the residents with some lovely live music. We sang and danced all morning**

# Upcoming Events

## Ladies Morning Tea

Monday 7th of November 10:30am, Dining Room

## Resident's Meeting

Tuesday x of November 2:00pm, Recreation Area

## Peace Day Activities

Monday of November 2:00pm, Recreation Area

## World Kindness Day

Recreation Area

## Remembrance Day Celebration.

Recreation Area

## Baking Bonanza (Brownies and Gingerbread)

Friday 24th of November 2.00pm, Dining Room



# Regular Events

Happy Hour every Friday 5pm

Catholic Service every Tuesday 8:45 am

Hairdresser every second Monday from 1:30 pm

Men's Group every second Thursday at 2pm

Bingo! Every day at 10am

## Special Days

- 1<sup>st</sup> All Saints Day
- 1<sup>st</sup> World Vegan Day
- 2<sup>nd</sup> Melbourne Cup
- 3<sup>rd</sup> Sandwich Day
- 5<sup>th</sup> Guy Fawkes Night
- 6<sup>th</sup> Adolphe Sax's Birthday
- 8<sup>th</sup> Tongue Twister Day
- 9<sup>th</sup> Inventors' Day
- 11<sup>th</sup> Remembrance Day
- 11<sup>th</sup> Veterans Day
- 13<sup>th</sup> World Kindness Day
- 14<sup>th</sup> Claude Monet's Birthday
- 19<sup>th</sup> World Philosophy Day
- 21<sup>st</sup> World Hello Day
- 21<sup>st</sup> World TV Day
- 25<sup>th</sup> Thanksgiving
- 28<sup>th</sup> Advent
- 30<sup>th</sup> Mark Twain's Birthday

# November Birthdays

In November, we celebrate birthdays with:

- **Brenda F.**
- **Lillian P.**

Please join us in the recreation room on the first Sunday in November to celebrate!



Vivien Leigh, Actress, 5<sup>th</sup> November 1913  
Richard Burton, Actor, 10<sup>th</sup> November 1925  
Grace Kelly, Actress, 12<sup>th</sup> November 1929  
Charles, Prince of Wales, 14<sup>th</sup> November 1948  
Rock Hudson, Actor, 17<sup>th</sup> November 1925  
Bo Derek, Actress, 20<sup>th</sup> November 1956  
Goldie Hawn, Actress, 21<sup>st</sup> November 1945  
Bruce Lee, Actor & Martial Artist, 27<sup>th</sup> November 1940  
Winston Churchill, Prime Minister, 30<sup>th</sup> November 1874  
Mark Twain, Writer, 30<sup>th</sup> November 1835

## **Scorpio (Nov 23 – Nov 22)**

Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

## **Sagittarius (Nov 23 - Dec 21)**

Sagittarians are artistic, loyal, sophisticated, independent, and kind!

WOW!

### **Product Birthday Spotlight: Trivial Pursuit**

In November 1981, the board game Trivial Pursuit was copyright registered. The game was created by Canadians Chris Haney and Scott Abbott. After finding pieces of their Scrabble game missing, they decided to create their own game.

# Poem to Share

## Still I Rise

*Maya Angelou*

You may write me down in history  
With your bitter, twisted lies,  
You may trod me in the very dirt  
But still, like dust, I'll rise.

Does my sassiness upset you?  
Why are you beset with gloom?  
'Cause I walk like I've got oil wells  
Pumping in my living room.

Just like moons and like suns,  
With the certainty of tides,  
Just like hopes springing high,  
Still I'll rise.

Did you want to see me broken?  
Bowed head and lowered eyes?  
Shoulders falling down like teardrops,  
Weakened by my soulful cries?

Does my haughtiness offend you?  
Don't you take it awful hard  
'Cause I laugh like I've got gold mines  
Diggin' in my own backyard.

You may shoot me with your words,  
You may cut me with your eyes,  
You may kill me with your hatefulness,  
But still, like air, I'll rise.

Does my sexiness upset you?  
Does it come as a surprise  
That I dance like I've got diamonds  
At the meeting of my thighs?

Out of the huts of history's shame  
I rise  
Up from a past that's rooted in pain  
I rise

I'm a black ocean, leaping and wide,  
Welling and swelling I bear in the tide.

Leaving behind nights of terror and fear  
I rise

Into a daybreak that's wondrously clear  
I rise

Bringing the gifts that my ancestors gave,  
I am the dream and the hope of the slave.

I rise  
I rise  
I rise.

# Noticeboard



## NEW RESIDENTS

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A very warm welcome to:

- **Marie H.**
- **Barbara**
- **Barry**

We hope that you enjoy your time here!

## NEW STAFF

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A warm welcome also goes to the people who joined our team

- Philip Narteh (care assistant)

We hope that you enjoy your time here!

## YORDEX CARDS

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If you would like your loved one to have a Yordex card so it's easier to make payments and you have a better understanding about where money has been spent, please speak to Home Manager Tope and she will be able to help you.

## CONTINUOUS IMPROVEMENT

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Residents, families, and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

There are feedback forms available outside the Recreation Room. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

## CAN YOU CONTRIBUTE?

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Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception or email us anytime.

Thank you!

# Noticeboard



## LIBRARY SERVICE

We have a mobile library service that delivers & picks up library books to resident's rooms. They arrive the first week of every month.

## THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference, and we so very much appreciate your time and energy.

## HAIRDRESSER

We have a hairdresser who attends every Monday. If you would like an appointment please talk to reception or ask a staff member to write your name down in the hairdressers book.

## CHRISTMAS PARTY!!!

Christmas is fast approaching and here at the Georgiana we will be throwing a Christmas Party on the 18<sup>th</sup> of December at 2pm-5pm. Please join us for Food, Entertainment, Raffle prizes and more!

More Information will be sent to emails of all families regarding the day's event and

please don't hesitate to email

[activities@Heritagecarehomes.co.uk](mailto:activities@Heritagecarehomes.co.uk)

If you have any queries, you would like answered regarding this or anything

Activity based.

## WINTER MENU

We have worked hard to produce our Winter Menu, please ask Shelley for a copy if you would like to see what we have on the menu.

Food feedback books are available in each lounge so your feedback is very important to us.

# Laughing Matters



A woman was trying hard to get ketchup out of a jar. During her struggle the phone rang so she asked her 4-year-old daughter to answer it.

She heard her say "Mommy can't come to the phone to talk to you right now, she is hitting the bottle!"

\*\*\*\*\*

A little boy got lost at the YMCA and found himself in the women's locker room. When he was spotted, the room burst into shrieks, with ladies grabbing towels and running for cover.

The little boy watched in amazement, and then asked, "what's the matter, haven't you ever seen a little boy before?"

\*\*\*\*\*

A child asked his father, "How were people born?" So his father said, "Adam and Eve made babies, then their babies became adults and made babies, and so on."

The child then went to his mother, asked her the same question and she told him, "We were monkeys then we evolved to become like we are now."

The child ran back to his father and said, "You lied to me!"  
His father replied, "No, your mom was talking about her side of the family."

\*\*\*\*\*

Two young brothers were spending the night at their grandparents' home. When it was time for bed, the two boys knelt down and began to say some prayers.

Suddenly, the younger brother started yelling at the top of his voice,  
"I PRAY FOR A BICYCLE!  
I PRAY FOR A NEW COMPUTER!  
I PRAY FOR A TRIP TO DISNEYLAND!"

His older brother leaned over and whispered, "There's no need to shout. God isn't deaf."  
"I know," said the younger brother. "But Grandma sure is!"

# Word Search

## WORLD KINDESS DAY



A V G F O B C G L X V N R E  
H S C O N S I D E R A T E Q  
P C F R G E N E R O U S S A  
C W W G T O L E R A N T P T  
O Y R I G X C U L T U R E T  
M D I V O E T E T H K X C I  
P O F E O X S U P P O R T T  
A A R N D M L L X J F R Z U  
S I I E X Q Y T L O V E W D  
S Q E S L Q S M V T D O X E  
I X N S E F R I E N D L Y B  
O W D X S H A R I N G P N L  
N H S O W E M P A T H Y P V  
N T V F D E S E L F L E S S  
B C F M M K S O H F Z C K E

Attitude  
Empathy  
Culture  
Forgiveness

Selfless  
Friends  
Love  
Compassion

Generous  
Sharing  
Good  
Considerate

Respect  
Tolerant  
Friendly  
Support