

NEWSLETTER

December 2021

Georgiana Care Home, 10 Compton Avenue, 01582 573745



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Editor's Desk

Hello Residents, Families and Friends!

I hope you are all well! We have had a very eventful November here at the Georgiana.

In this newsletter I have highlighted some celebrations and Activities we have been up too. And there has been plenty this month to choose from

Our New Activities Co-Ordinator, Loleta working alongside me has settled in nicely and our residents adore her bubbly personality. We have been able to do so much more with so many more residents and everyone seems to be enjoying what Activities we have scheduled in for each month.

This month is Christmas so get ready for some festive fun and celebrations! We have so much lined up for December including Christmas Jumper Day (10th December). We cannot wait to celebrate!

Please enjoy the pictures, puzzles, and important information.

Keep Safe!

Amber Collins-O'Neill



December Trivia

Babies born the last month of the year are more likely to live the longest!

Zodiac signs: **Sagittarius & Capricorn**

Birthstone: **Turquoise**

Flower: **Holly**

Quote of the Day

Think and wonder, wonder and think.

– Dr. Seuss

Month Review

Georgiana's Sing-Along!

Residents across the Care Home enjoyed a big sing a long session on 2 Thursday Mornings Throughout November. We sang and danced and laughed, it was so lovely to reminisce through music.

We used our new Georgiana's Song Books so residents could pick and choose between a range of different songs from their pasts.



Remembrance Day Celebrations

With November 11th being Remembrance day we celebrated with plenty of Arts and Crafts Activities such as: Poppy making, Poppy Wreaths and remembrance day letter bunting. We had fun painting and crafting and discussed the importance of remembering those we lost in the war. Residents shared stories and decorated in the days before.

Games & Crafts & Ball Games all month

We continuously play ball games, board games and Active games so that our residents never get bored.

They enjoy having a variety of activities to play morning and afternoon all week so even if they don't like one activity, they always have other options.

Here's a few of our residents enjoying them in November. We had a blast!



Month in Review



Boccia Ball Tournament Continues with Blue's in the lead by just 2 Games! Residents enjoy friendly competition, and it gets everyone cheering and socialising while they play.



Exercise is important and Chair exercise is very appealing to our residents. We increased Mobility & stretched out our muscles and have made this a regular exercise in the Home for improved health



Brownie Baking was a hit! Residents enjoyed mixing and getting messy with ingredients. After baking we even melted chocolate on top and added sprinkles just because we could.



Plenty of music by Roger Huxley and in the afternoons. Dancing, laughing and singing went on throughout November. Here are some highlights!

Upcoming Events

Relative's Meeting

Saturday 11th of December 1:00pm, Zoom Call

Christmas Jumper Day

Friday 10th of December 2:00pm, Recreation Area

Christmas Day

Saturday 25th of December 9:30am, Recreation Area

New Years Eve

Friday 31st of December 1:30pm, Recreation Area



Regular Events

Hairdresser Wednesday from 10:30 am

Bingo! Every Friday at 1:30 pm

Dominoes Morning Wednesday 10:30am

Georgiana's Singalong Every 2nd Thursday 10am

Library Service Once a month

Roger Huxley (Performer) First Thursday Every Month

Special Days

- 1st Summer (S. Hem)
- 4th National Cookie Day (US)
- 5th Intl. Volunteer Day
- 7th Intl. Civil Aviation Day
- 18th Paul Klee's Birthday
- 21st Winter (N. Hem)
- 25th Christmas
- 26th Boxing Day
- 31st New Year's Eve

December Birthdays

In December, we celebrate birthdays with:

- **Marjorie P**
- **Dorothy B**
- **Violet F**
- **Pauline R**
- **Dorothy L**

Please join us in wishing them a Happy Birthday



Woody Allen, Filmmaker, 1st December 1935
Ozzy Osbourne, Singer, 3rd December 1948
Steven Spielberg, Filmmaker, 18th December 1946
Brad Pitt, Actor, 18th December 1963
Jane Fonda, Actor, 21st December 1937
Samuel L. Jackson, Actor, 21st December 1948
Denzel Washington, 28th December 1954
Tiger Woods, Golfer, 30th December 1975
Anthony Hopkins, Actor, 31st December 1937
Frank Sinatra, Singer & Actor, 30th December 1915

Sagittarius (Nov 23 - Dec 21)

Sagittarians are artistic, loyal, sophisticated, independent, and kind!

Capricorn (Dec 22 – Jan 19)

Capricorns are responsible, disciplined and have good managers

Product Birthday Spotlight: [Waterproof Material](#)

Charles Macintosh, the Scottish inventor, patented the first waterproof material in 1823.

The Mackintosh raincoat was named after him.

WOW!

Poem to Share

Mother To Son

by Langston Hughes

Well, son, I'll tell you:
Life for me ain't been no crystal stair.
It's had tacks in it,
And splinters,
And boards torn up,
And places with no carpet on the floor —
Bare.
But all the time
I've been a-climbin' on,
And reachin' landin's,
And turnin' corners,
And sometimes goin' in the dark
Where there ain't been no light.
So, boy, don't you turn back.
Don't you set down on the steps.
'Cause you finds it's kinder hard.
Don't you fall now —
For I've still goin', honey,
I've still climbin',
And life for me ain't been no crystal stair.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Mrs Shirley S**
- **Mr. Brian C.**
- **Mr. John C.**

We hope that you enjoy your time here!

NEW STAFF

There were no new staff in the month of November.

We would like to Thank the continuous resilience and effort from all staff members in the Care Home.

Your hard work is appreciated.

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- **Kathleen V.**

CONTINUOUS IMPROVEMENT

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

There are feedback forms available by the main entrance. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can. Please also contact our Home Manager Tope directly georgiana@heritagecarehomes.co.uk

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception, or email us anytime.

Thank you!

Noticeboard



LIBRARY SERVICE

We have a mobile library service that delivers & picks up library books to resident's rooms. If you would like this service, please talk to a staff member.

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

HAIRDRESSER

We have a hairdresser who attends every Wednesday. If you would like an appointment please talk to reception or ask a staff member to write your name down in the hairdressers book.

CHRISTMAS PARTY CANCELLED

We are sorry to say our Christmas party has been cancelled due to unforeseen covid circumstances.

We apologise but still hope you have a lovely christmas! And don't worry our Team will make sure to still celebrate with the residents every chance we get with singing, Games and fun.

NEW YEARS EVE

New Years Eve Celebrations will take place on the date with themed games and music.

CHRISTMAS JUMPER DAY

Friday 10th December 2021. Please Feel free to bring in a christmas Jumper for your loved one to wear as care staff and residents will all be dressed up this year.

Laughing Matters



Clothes Shopping

"Can I try on that suit in the window?" he asks.

The assistant replies "No. Use the changing room like everyone else"

Knitting

The policeman couldn't believe his eyes when he saw a woman drive past him knitting.

He quickly pulled alongside the vehicle, wound down his window, and shouted

"PULL OVER!"

"No" she replied, "SOCKS!"

Fried Eggs

A wife was making a breakfast of fried eggs for her husband. Suddenly, her husband burst into the kitchen.

'Careful,' he said, 'CAREFUL! Put in some more butter! Oh my gosh! You're cooking too many at once. TOO MANY! Turn them! TURN THEM NOW! We need more butter. Oh my gosh! WHERE are we going to get MORE BUTTER? They're going to STICK! Careful. CAREFUL! I said be CAREFUL! You NEVER listen to me when you're cooking! Never! Turn them! Hurry up! Are you CRAZY? Have you LOST your mind? Don't forget to salt them. You know you always forget to salt them. Use the salt. USE THE SALT! THE SALT!'

The wife stared at him. 'What in the world is wrong with you? You think I don't know how to fry a couple of eggs?'

The husband calmly replied, 'I just wanted to show you what it feels like when I'm driving.'

Word Search

WINTER CHRISTMAS



L Q S H O V E L W H I T E I
Y D W O G S L E D D I N G K
W U O C H O L L Y Q W I N D
F S N K A M S T O C K I N G
I J D E F R O S T Y L H M R
C A E Y D P P C W S G H I E
I C R T S K A T I N G J T I
C K L F I R E P L A C E T N
L E A S N O W F L A K E E D
E T N L Y F R O Z E N G N E
W W D E H O L I D A Y Q S E
D U P D S N O W M A N E O R

Mittens

Icicle

Snowman

Shovel

Snowflake

Reindeer

Stocking

Frosty

Fireplace

Holly

Holiday

Skating

Frozen

Jacket

Sledding

Wonderland

Wind

Sled

Hockey

White